



Alternative transportation and other resources

Driving is how many of us reach the services we need every day for activities such as health care, nutrition, social activities, financial services, and shopping. There are many resources which can be used to help access these activities and services when driving or other means of transportation are limited. The following list may be useful for finding alternative transportations and locating other resources as well in your area.

General Aging Resources

Eldercare Locator

<https://eldercare.acl.gov/>

800-677-1116 weekdays

The Eldercare Locator is a public service of the U.S. Administration on Aging that connects older adults and their caregivers to local services.

National Association of Area Agencies on Aging

www.n4a.org/

Assists in finding resources for older adults in the local community.

Aging Life Care Association

<http://www.aginglifecare.org/>

520-881-8008

A geriatric care manager can help older people and their families arrange long-term care, including transportation services. Call the phone number or visit the website above to find a local geriatric care manager.

National Association of Social Workers (NASW)

<http://www.helpstartshere.org>

A social worker can provide counseling to an older adult, assess social and emotional needs, and assist in locating and coordinating transportation and community services. To find a local qualified clinical social worker, use the Find a Social Worker option on the Help Starts Here website.

Alternative Transportation Options

American Public Transportation Association (APTA)

<http://www.apta.com/resources/links/>

Find a local transportation provider in your state.

Easter Seals

http://es.easterseals.com/site/DocServer/Transportation_Solutions.pdf?docID=2081

Transportation Solutions for Caregivers

National Aging and Disability Transportation Center

<https://www.nadtc.org/>

Information on transportation options for older adults.

Coordinating Council on Access and Mobility

<https://www.transit.dot.gov/ccam>

A partnership of federal agencies working to improve the availability, quality, and efficient delivery of transportation services to people with disabilities, older adults, and people with low incomes.